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Happy New Year and see you on Jan 3rd!

From: Northwest Polymer Clay Guild Newsletter <newsletter@nwpcg.org>

To: Maria Jam <mariajambrown@yahoo.com>

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Happy New Year!



Holiday Fun!

by Kim Day

Did I mention this was my favorite meeting of the year? Yes I did! And this year proved again why. We had absolutely amazing food (enough to feed us probably three times over) with plenty of delicious desserts, including yummies for the gluten free of our crowd (I need that recipe Charlie).



The raffle tables (yes, had to pull out additional ones) were loaded with goodies and the brown bag exchange held such wonderful prizes that even those that had their gifts stolen weren't too unhappy.



And then we were able to spend the majority of

Contents

From top to bottom:

- Guild Highlights: Holiday Party
- Show & Tell
- Program: January
 - Clay Social
- President's Message
- Announcements

NWPCG Clay Social

Jan 3 | 6:30 p.m. | Artworks
Got all your New Year
resolution sorted out? Bring it
to our first meeting of the
year and let's have fun
finishing old projects or
starting new ones.

Connect on Pinterest

Look for our <u>Pinterest</u> account and share ideas and inspirations with us. Check our boards for <u>project</u> inspirations.

Spread the word

Help the people in our communities get to know our Guild. Help us spread the word, share our social media accounts (FB, Instagram, Pinterest) in your own social media accounts.

Amazon Smile

We are on Amazon

the time eating and talking, with a break for a show and tell because people were so excited to share things they had made we added it to the schedule. What more could you possibly want? Even our Oregon member Dawn made the drive.





And new President Kim Day (me! of course you knew this) pretended she knew what she was doing and "ran" things.

Thanks to everyone that came and made it such an awesome meeting, and sorry for those whose work schedules didn't allow it this year – you Smile. Simply choose the Northwest Polymer Clay Guild as the recipient and with every eligible purchase, Amazon will donate 0.5% to our Guild.

Show your works

We would love to showcase your works, finished or in progress in our <u>Instagram</u> account. Email photos with caption (just give a brief description for the photo) to Ria.

Contact our Board Members

If you need to contact any of our Board Members, the full list of emails is here. The Board will be doing an annual planning soon. If you want to contribute your ideas for programs, projects and other activities, please email any Board member.

Brainstorming

Are there particular topics you want covered during our programs? Do you want to teach or demonstrate a technique? Email Cathy, our VP of Programs and let her know what you have in mind.

Show & Tell





Polymer clay canes by Susan Locsin





Polymer clay gingerbread house by Dawn Gray (front & back)





Santa Claus art doll by Ria Mendoza Hoyt



Polymer clay cane covered snakes by Cathy Gilbert



Ceramic garden by Patti Steele-Smith





Acrylic pouring by Susan Locsin

Programs

January 2018

New Year, New Social!

By Cathy Gilbert | January 3 | 6:30 p.m. | Artworks



Wow! Is it just me or did the year go by SO fast?! As the program VP for the Guild, I have quite a few ideas rattling around my (almost) empty noggin. BUT, the Guild doesn't exist just for me. I want to schedule programs and round robins that people in the Guild want to see. So email, text, fb message, snail mail or corner me at a meetings and let me know if there's something you'd like to learn, demonstrate or talk about. I really want to give you peeps what you want (no pun intended, Meredith!) and have a fun, educational, productive year for everyone.

Thanks so much for all the support everyone has given me, you've made this year so much fun! Come on out to the January meeting for a Clay Social. It's a time for new beginnings and old friendships. A time to enjoy giftings from Christmas, try something different, finish up old projects, put a new gloss on something that didn't work quite right, or just drop by and enjoy everyone's company. See you in the new year!

Have a program idea? Contact Cathy, click the button below.

Email Cathy!



New Resolutions

Happy Holidays my friends and guildmates! As much as I begrudge driving in the snow, I have to admit, it was rather pretty when viewed from a window on Christmas day.

It's time for a new year, a fresh start and a time of making plans! Since I love giving unsought for advice, here are my tips and tricks for a successful New Year's Resolution:

Instead of giving yourself a massive year-long goal, try smaller sustainable goals that have achievements you can celebrate, and then build up to tougher tasks once the smaller habits have become routine. For example, don't say that you will "lose 100 pounds," instead, resolve to "eat vegetables three times a week." Then after a few months, up the ante. Add "limit dessert to two times a week," to your new vegetable-eating habit. Don't say you're "going to the gym six days a week," but say that you are "going to the gym one day a week."

Instead of giving yourself a specific production task (I will make 500 ornaments, I will write a book or I will run 10 marathons), consider doing a time-oriented goal. Instead of completing a project each week, maybe say "I will spend two hours a week doing clay things." If those two hours involve laying out your tools on the table and you do that, then congratulations, you achieved your weekly goal. If you want to spend more time on it, that's great, go ahead. Just remember, it's important to have something you can pat yourself on the back for, that's positive reinforcement.

Don't or do announce your New Year's Resolutions – whichever works for you. For some, making the plans gives them all the satisfaction they need, and they may not follow through. For others, having an accountability buddy helps. If you've announced your plans in the past and not succeeded, try the silent method this year, or vice versa.

Reward yourself! If you give yourself small goals, then give yourself rewards for following through. These don't have to cost money, they can be a hot bath, a few episodes of "Friends" or whatever makes you feel good. Remember, positive reinforcements are important.

Anyways, enough of the soapbox speeches. I hope everyone had a great (or acceptably tolerable) year, and I look forward to more clay time and friend time to come. Oh yeah, we are still looking for a new Guild secretary – interested? Email me.

Love much,

Kim Day

Announcements



Advanced Ball-jointed Doll

In this Curious Mondo course, you will learn to sculpt a ball-jointed doll. This includes creating fingers, toes, advanced knee with a big range of motion, wig-making and more. For more information, click here.

When: January 22-24 Where: Live-stream



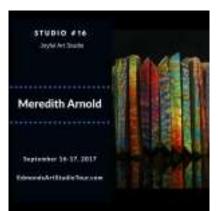
Dichroic Polymer Clay Classes

Meredith Arnold is holding a Dichroic Polymer Clay Class at the Colors of the Stone Gem & Bead Show. Students will work with air dry polymer clay and learn how to create dichroic-like effects and textures. For more information, click here.

When: January 29, 4:30-7:30 p.m.

Where: Booth 318, Casino Del Sol, 5655 West Valencia Rd Tucson,

ΑZ



Fun and Effective Marketing Techniques

Meredith Arnold will teach super effective marketing strategies that will let people know about your work and free up your time so you can focus on what you love doing. For more information and get details of Meredith's other classes at the JOGS Show, click here.

When: February 2, 10:30am - 2:00 p.m.

Where: JOGS Show Tuscson Expo Center, also streaming live



Cogworks in Edmonds

The Cogworks is a new maker space in Edmonds! A maker space is a place open to the community that has tools and equipment that you can use for a small fee. The Cogworks has industrial sewing machines, jewelry making tools, a 3D printer and more. Did you know that a 3D printer can "print" custom shaped cookie cutters for use with clay? Click here for more information.

NWPCG website









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